

GREEN CHUTNEY

Diary
of a
PMP
Mom.

Chutneys/Sauces

Makes 1 Small Jar



1/2 cup fresh Coriander Leaves
1/2 cup fresh Mint Leaves
4 Cloves of Garlic
1/2 tsp. Zeera (*crushed*)
1/2 tsp. Salt
1/4 cup Lemon Juice
1/4 tsp. Red Chili Flakes
1-2 Fresh Green Chili

- 1 Blend everything together . You may need to add a little water.
- 2 Adjust salt and chili according to taste.

The Green Chutney is a Mint- Corriander Chutney which serves as the base for Green Raita and also is yum on its own.