

MANGO LASSI

Diary
of a
PMP
Mom.

Makes 2 Servings



1 Cup diced ripe Mangoes (*or you can use the ready made pulp*)

2-4 tbsp. Sugar (*to taste , depends on how sweet the mango is..*)

1 Cup fresh Yogurt (*plain*)

A pinch of Salt

1/2 Cup Milk (*chilled*)

1/2 Cup Ice cubes

- 1 Blend until smooth. Adjust the consistency as you like with milk or water. Garnish with pistachios and serve.
- 2 Pour and serve.

Lassi, is a traditional Pakistani yogurt based drink...our very own **desi** smoothie. Summer brings thirst and mangoes. Combine the two and viola! Mango Lassi – A perfect solution!!