

# MANGO LASSI

Diary  
of a  
PMP  
Mom.

Makes 2 Servings



Lassi, is a traditional Pakistani yogurt based drink...our very own **desi** smoothie. Summer brings thirst and mangoes. Combine the two and viola! Mango Lassi – A perfect solution!!

1 Cup diced ripe Mangoes (or you can use the ready made pulp)

1 Cup fresh Yogurt (plain)

1/2 Cup Milk (*chilled*)

1/2 Cup Ice cubes

2-4 tbsp. Sugar (*to taste, depends on how sweet the mango is..*)

A pinch of Salt

- 1 Blend until smooth. Adjust the consistency as you like with milk or water. Garnish with pistachios and serve.
- 2 Pour and serve.