

TROPICAL MANGO SMOOTHIE

Diary
of a
PMP
Mom.

Makes 2 Servings



1/2 cup pineapple juice, chilled
1 cup diced mango
1/2 banana , sliced
1/2 cup pineapple chunks
(fresh or canned)
2 tsp. fresh lime juice
1/2 tsp. grated, peeled fresh
ginger
5-6 ice cubes.

- 1 Put everything in a blender and blend until smooth.
- 2 Pour and serve!.

This smoothie is a basically **'Paradise in a glass'**! I found this recipe in the good house keeping book and altered it a bit, to my liking.. Its absolutely yum!