

WATERMELON MINT LEMONADE

Diary
of a
PMP
Mom.

Makes 1 Serving



1 Cup Fresh Watermelon (*de-seeded*)
1-2 tbsp Fresh Mint Leaves
1-2 tbsp Fresh Lemon Juice
A pinch of Black Salt (*Kaala Namak*)
Sugar (*as needed - I don't usually put any!*)
Ice Cubes

- 1 In a blender, combine everything and blend.
- 2 Pour and serve.

Watermelon is such a refreshing fruit in Summer months! It has numerous health benefits and is packed with nutrients. Here is the recipe for this easy, refreshing and healthy drink!

For step by step instructions with pictures visit www.DiaryofaPMPmom.com