

FALSA SHERBET


Diary
of a
PMP
Mom.

Drinks

Makes 4 Servings

1 Cup Fresh Falsa
1/2 - 1 Cup Sugar
A pinch of Black Salt
Ice Cubes
2-3 Cups Water

- 1 Put the Falsay in a blender with water and blend for a few seconds (*Try to do it as less you can so you don't crush the seeds*)
- 2 Pour the mixture through a sieve and add some sugar and water to the mixture as you do so. Keep repeating the process until the seeds are left.
- 3 Add a pinch of black salt and serve chilled with ice!



My grandmother used to make the BEST Falsa juice ever (*by hand*). Hands down, it is my favorite juice in the world!

For step by step instructions with pictures visit www.DiaryofaPMPmom.com